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NC STATE UNIVERSITY

April 16, 2011

TORNADOS
AND STORMS
CAN CAUSE
POWER
OUTAGES
AND LEAD TO
FOOD
SAFETY
CONCERNS

TAKE STEPS
TO PROTECT
THE FOOD
YOU EAT AND
SERVE



## After the power goes out

Keep the refrigerator and freezer doors closed as much as possible to maintain the cold temperature. You can safely re-freeze foods that still contain ice crystals or that have been kept at 41° F or below.

With the door closed, food in most freezers will stay below 41° F for up to 3 days.

Thawing rate depends on:

- amount of food in the freezer
- · kind of food
- temperature of the food
- size and insulation of freezer

If the power is going to be out for a while dry ice can be purchased to keep fridges and freezers cold.





## IF THE POWER GOES OUT WHAT CAN I KEEP?

FOODS THAT CAN SAFELY BE STORED ABOVE 41°F FOR A FEW DAYS INCLUDE:

- WHOLE NON-CUT FRESH FRUITS AND VEGETABLES
- CONDIMENTS SUCH AS KETCHUP, MUSTARD, RELISHES, BARBECUE SAUCE, SOY SAUCE, OLIVES
- JAMS AND JELLIES
- BREAD, ROLLS, BAGELS, CAKES (WITHOUT CREAM OR CUSTARD), COOKIES AND MUFFINS
- MOST HARD CHEESES INCLUDING PARMESAN, ASIAGO AND PECORINO